



Thank you everyone for your continued support with our charity. We started this journey 10 months ago and never thought it would grow so much... We saw the need in our communities of Blidworth, Rainworth and Ravenshead, and we are now providing support and help in so many ways to those who are isolated & vulnerable and living with long-term conditions. This support may be a ride to the doctors or hospital, food aid, health and social care, one to one contact at a distance, embracing PPE at all times. We work closely with other key agencies who are not so accessible to citizens in these difficult times.

The project is growing tackling issues to transform lives within our locality by educating & empowering people as well as offering alternative solutions to their problems. We do this by exploring what they need, focusing on what we know we can offer them, always our key aim is to give all those in need a reasonable standard of life. We have shared goals, and often talking to someone, helps these service users with their mental health and well-being by looking at what is truly needed. We work with individuals, couples and in some cases families/friends to provide a support bubble that is close at hand. As we move forward following the recent feedback within the community and the support of local government and key people in our communities, we hope to become a virtual community hub. This hub will provide a permanent beacon of support and guidance within our community for those who generally bypassed by 'the system'.

Blidworth-On the Move is a small project that has to date made a large impact in so many ways. People are now realising who we are and what we have to offer. Looking closer at our communities we can see there are needs that are not being met, and we are trying to offer more. A digital inclusion project is a part of our future plans.

Additionally, with the creation of the. `Sherwood Singers' meeting for a weekly 'zoom' more people are starting to connect.

Moving forward, we hope to offer a blended model of both on-line and open sessions. These will be interest focussed with a combination of health and well-being groups, which are open to our service users. `Watch this space'.

Given the vulnerability of our service users we don't want to promise something that might not happen after April 12th with so much depending on the successful roll out of vaccination programme. Getting through the lockdown successfully is down to `ALL OF US' – remembering*HANDS-FACE-SPACE- *** and everyone within our communities working together. The virus is still actively circulating in our communities, we must all follow the guidelines for our own safety. The solution comes from us. We follow the rules and things start to get back to a new normal.**

NEWS – To date the vaccination programme locally is doing really well. Those who are aged 55 and over are being asked to come forward and book their first vaccination. There is no need to wait for your letter. Vulnerable and Extremely Vulnerable, frail and housebound people are being asked to register for a vaccination. And remember if you are a paid or unpaid carer of an adult, you can get your vaccination. How do you do it? Now we have a information line Number 08005008080, email enquiries@nottsc.gov.uk. You can book on the national booking system via `Swiftqueue' – Number 01158834640. The vaccination programme is being run by the government not by the local NHS, please don't contact the GP surgery as they don't book or delegate who or where people can get their vaccination. Another number you can ring is the National Helpline 119. There is a local website NHS Communications & Engagement Team, to get up to date information, see the Q&A chat etc – nnccg.team.engagement@nhs.net.

Please think of those around you who can't use the internet. Help them book a vaccination and attend their vaccination – let's pull together at this time. If they fit our criteria, we can take them. At the 10th March 1/3 of the adult population of Nottinghamshire had been given their first jab, and some have had their 2nd. For those aged between 65-79 we had one of the highest take up of the vaccination in the country.

A short term problem is the supply of the vaccine. The government say that supply is 'lumpy'. Last week there was a shortage of vaccine, now we have plenty for the next few weeks, and actually if you try to book a vaccination and fit the criteria you could get it later the same day.

It is so important to remember that the virus is still in our communities. We are not safe, and even in the past few weeks, there are local people are contracting the virus with serious repercussions. So please keep safe and follow government guidelines.

PLEASE NOTE THE LOCAL GP SURGERIES ARE NOT MANAGING VACCINATION. SOME PRACTICES ARE INVOLVED IN THE ROVING TEAM, WHICH IS FOCUSED ON SUPPORTING THOSE WHO ARE HOUSEBOUND OR IN RESIDENTIAL ESTABLISHMENTS. SO PLEASE DON'T BLOCK THEIR TELEPHONE LINES, YOU HAVE THE CUSTOMER SUPPORT NUMBER ABOVE AND THE LINK TO BOOK A VACCINATION.

It was gratifying this week for our team to be recognised for the difference we are making. Blidworth-On The Move Support Network was short listed under the Category of 'BEST COMMUNITY BASED ORGANISATION IN SOCIAL PRESCRIBING' at the INTERNATIONAL SOCIAL PRESCRIBING NETWORKS annual conference. Whilst we did not win it was quite something for our project based in Blidworth to be on the international

'stage'. This accolade has really given a boost to our team of volunteers to continue making a difference for so many people.

To show you how we are reaching out with our partners at Sherwood Forest Community Church and the Abbey Medical Group, we saw the need and how we connect with others to provide action & support, I have attached a picture of the Abbey Medical Practice's Manager, Frances Chater, standing by the defibrillator at the Blidworth surgery, the Patient Participation Group (PPG) provided at that surgery and Ravenshead surgery, as partner of our charity, funding came from the PPG fund raising events. More of these soon, we hope. This project is alongside the work of our local First Responder Andy Bolan, who sources the units appropriate for the site and fits them. We want these all around in the community.

There is also picture of Mark from B.J.Bakery in Blidworth who works with us to provide a cooked meal daily, for a small charge, for those who can't get out or are ill at that time. He and his team work tirelessly, 7 days a week to keep us fed. In fact, way back in March it was a chat between us, that was the spark to get our project started. Thank you from us all. We see a need and try to solve it, if we can. So, watch us grow. To keep moving forward we need more volunteers. If you are interested in driving, have skills to talk to people, want to help and have time to do so then please give me (Gilly) a call on the number below.

Finally, a quick reminder about how to find us:-

If you need transport to hospital or the GP surgery and you fit our criteria, then we are there for you. Please remember we are not the local taxi service we have a specific role. This service is for the isolated, vulnerable and people with long-term conditions and the needy. Booking enquiries ring Lorraine & Gilly - 07915929936 or 07377267643. If you want to know more about the project or need help with a health or social care issue ring 07816933429 or email us on office@blidworth-onthefmove.co.uk

If you, or someone you know is facing financial hardship, give the church a call to see if they can help with food. This applies to any individuals or couples who are in need

You can contact Mark on 01623 797733. If no one is available leave a message. The food aid is open Monday and Tuesday 9am to 4pm, Thursday 2.30 to 4.00 and Friday morning from 9am to 12 noon.

If you want to know more about our digital inclusion programme ring any of the above numbers or look on our website www.blidworth-onthemove.co.uk.

Keep Safe Everyone and Follow PPE Guidelines.

CHAIR Gilly Hagen